

# The Reconnection Project

## A Mental Health Webinar Series for N.H.

Helping parents/guardians help their students

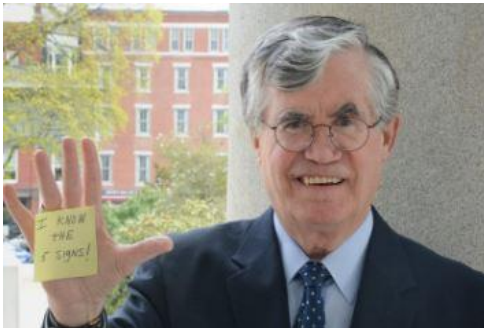
*Virtual, Interactive & Live - All Welcome!*

### *Save-these-DATES!*

*January 25 - February 8 - February 22 - March 8 - March 22*

*April 12 - April 26 - May 10 - May 24 - June 14*

*Topics for the series includes - Understanding the digital age, child development, five signs of mental illness, the art of active listening, unplugging from screens as a family, what trauma can do to mental health, building collaborative relationships, vulnerability and accountability, modeling conflict resolution, the gift of imagination, independence, identity, etc., the importance of having fun and so much more!*



**Presented by John Broderick**, Retired Chief Justice of the N.H. Supreme Court. Now, as Senior Director of External Affairs for Dartmouth-Hitchcock Health, he is well known in the school community for his work on mental health awareness. Justice Broderick has spoken to almost 90,000 middle- and high-school students at 300 schools about [his own family's journey](#). Although we work independently, we share similar goals and approaches and have co-presented to school groups and parents. The five signs referred to in the photo above are from Justice Broderick's work on [Dartmouth-Hitchcock's R.E.A.C.T. Awareness Campaign](#).

**Jeff Levin** grew up in Newton, Massachusetts, and is a graduate of Dartmouth College, Boston College School of Education, and the Smith College School for Social Work. He began his professional career as a middle-school English teacher in Carlisle, Massachusetts, back when the dinosaurs roamed the earth, and then was a school social worker and a practicing psychotherapist for over twenty-five years. For the last 15 years, Jeff has been a life coach who works with both individuals and groups. He has helped schools, families, teams, and individuals all over the U.S. His workshops are fun, inspiring, and practical.

**More information to follow with specific opportunities to view these sessions at Inter-Lakes!**

**Full Webinar descriptions can be found at:**

<https://www.jefflevincoaching.com/new-webinar-series-for-parents/>

**Inter-Lakes Questions contact: [Holly.Vieten@Interlakes.org](mailto:Holly.Vieten@Interlakes.org)**